

A decorative border of black line art flowers and leaves surrounds the text. The flowers are stylized with multiple layers of petals, and the leaves are long and pointed.

## *Creative Activities:*

### **3. Doodling:**

Now loosen up with creative expression as you anchor your soul in God:

- Sketch swirling designs symbolizing being comforted by His unwavering presence despite difficulties.
- Doodle repeated words/phrases of truth that strengthen your endurance through pressing seasons.
- Draw people or scenes from Bible stories where faith was tested but God proved faithful.
- Scribble abstract shapes expressing confidence that trials produce Christ-likeness within.
- Doodle around verses about hard times strengthening dependence on Jesus alone.
- Shade/doodle freely as a spiritual act of worshipping the Refiner who works in you.

Relax into Scripture through playful drawings. May doodling nourish persevering hope and intimate trust in your Lord above all else during toughest times.







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