

A decorative border of black line art flowers and leaves surrounds the text. The flowers are stylized with multiple layers of petals, and the leaves are long and pointed.

## *Creative Activities:*

### **3. Doodling:**

As you set aside focused time now, prayerfully allow your hand to freely doodle or draw images and symbols related to today's theme of "God Answering Desperate Needs and Pressures". Let the Holy Spirit guide without overthinking the artwork. Some ideas to consider incorporating include:

- Hands raised in prayer
- Hearts with burdens being lifted
- Doves representing the peace of God
- Anchors for hope and stability
- Crosses and redemption
- Open Bibles with verses jumping out
- Cups overflowing with provision
- Scales tipping from injustice to justice
- Eyes watching and ears listening for God's guidance
- Mountains being leveled in difficult times
- Circles or arrows to highlight God's constant faithfulness

Let your drawings reflect verses, stories, or promises that stood out from today. Add quotes, prayers, or lyrics from the hymn in your journal. Doodling freely during reflection can help concepts sink into your heart in new ways. Trust that even simple scribbles are prayers God hears and understands perfectly. Take as long as you need to quietly seek Him through this creative outlet.







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